**July Breakfast/Afternoon Snack Menu**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  |  |  | **1**  **Berry Green Smoothie**  **Toast**  **Milk**  **Animal crackers & Milk** | **2**  **Sausage in a Blanket**  **Blueberries**  **Milk**  **Cucumbers & Crackers** |
|  | **6**  **Cinnamon Swirl Toast**  **Grapes**  **Milk**  **Veggie Straws & Milk** | **7**  **Cream of Wheat**  **Raisins**  **Milk**  **Peppers w/ Dip & Crackers** | **8**  **Scrambled eggs w/cheese**  **Peaches**  **Milk**  **Strawberry Banana Smoothie & Grahams** | **9**  **Blueberry Cheerios**  **Blackberries**  **Milk**  **Yogurt & Crackers** |
| **12**  **Cold Cereal**  **Bananas**  **Milk**  **Carrot sticks & Pretzels** | **13**  **Egg, Sausage, Cheese Biscuit**  **Peaches**  **Milk**  **Mixed Dried Fruit & Milk** | **14**  **Oatmeal**  **Blueberries**  **Milk**  **Mini Muffin & Pineapple** | **15**  **Yogurt Parfaits**  **w/ Fruit Milk**  **Cereal & Milk** | **16**  **Waffles**  **Apricots**  **Milk**  **Side Salad & Crackers** |
| **19**  **Cold Cereal**  **Bananas**  **Milk**  **Cheese & Apple Slices** | **20**  **Biscuit & Gravy**  **Grapes**  **Milk**  **Fruit Salad & Graham Cracker** | **21**  **Yogurt**  **Mixed Berries**  **Milk**  **Cottage Cheese & Peaches** | **22**  **Pumpkin Pancakes**  **Raisins**  **Milk**  **StrawBanana Smoothie Toast** | **23**  **English Muffins w/ Nut Butter**  **Pears**  **Milk**  **Cheerios & Juice** |
| **26**  **Cold Cereal**  **Bananas**  **Milk**  **Blueberry Crisp & Milk** | **27**  **Breakfast Ham**  **Peaches**  **Milk**  **Cucumbers w/dip & Turkey** | **28**  **Cream of Wheat**  **Strawberries**  **Milk**  **Hard boiled eggs & Crackers** | **29**  **Mini Muffins**  **Grapes**  **Milk**  **Pepperoni & String Cheese** | **30**  **Toast w/ Jelly**  **Blueberries**  **Milk**  **Apples w/ dip & Milk** |

**July Lunch Menu**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  |  |  | **1**  **WG Grilled Ham & Cheese**  **Zucchini**  **Pears**  **Milk** | **2**  **Loaded Chef Salad**  **w/Chicken**  **Kiwi**  **Crackers**  **Milk** |
|  | **6**  **Chicken Noodle Casserole**  **w/Peas & Carrots**  **Apple Slices**  **Milk** | **7**  **Pizza Casserole w/Beef**  **Broccoli**  **Pineapple**  **Milk** | **8**  **Beef Taco Salad**  **Mandarain Oranges**  **WG Tortilla Chips**  **Milk** | **9**  **Summer Sausage**  **Cheese Slices**  **WG Crackers**  **Peas**  **Pears**  **Milk** |
| **12**  **Ham, Cheese & Lettuce w/**  **WG Wrap**  **Peas**  **Strawberries**  **Milk** | **13**  **Beef Pigs n Blanket**  **Corn**  **Fruit Cocktail**  **Milk** | **14**  **Pasta Salad w/Veggies**  **Pears**  **Crackers**  **Milk** | **15**  **Meatballs**  **Yellow Squash**  **Rice Pilaf**  **Melon**  **Milk** | **16**  **Potato Soup w/ Ham**  **Carrots**  **Raspberries**  **Milk** |
| **19**  **Beef Sloppy Joes WG**  **Tater Tots**  **Broccoli**  **Blueberries**  **Milk** | **20**  **Spaghetti Squash w/ Sauce**  **Mangos**  **WG Butter Bread**  **Milk** | **21**  **Beef Little Smokies**  **Corn**  **Mixed Fruit**  **Roll**  **Milk** | **22**  **Sub Sandwiches**  **Cucumbers**  **Strawberries**  **Milk** | **23**  **Chicken Quesadilla WG**  **Guacamole & Chips**  **Mandrain Oranges**  **Milk** |
| **26**  **Shredded BBQ Chicken Slider WG**  **Baked Beans**  **Peppers**  **Berries**  **Milk** | **27**  **Beef and Broccoli w/ Rice**  **Pineapple**  **Milk** | **28**  **Turkey w/Gravy**  **Sweet Potatoes**  **Tropical Mix**  **Roll**  **Milk** | **29**  **Chili Mac**  **Corn**  **Bananas**  **Milk** | **30**  **Chicken & Cheese Roll-Ups WG**  **Snap Peas**  **Applesauce**  **Milk** |