**July Breakfast/Afternoon Snack Menu**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  |  |  | **1****Berry Green Smoothie****Toast****Milk****Animal crackers & Milk** | **2****Sausage in a Blanket****Blueberries****Milk****Cucumbers & Crackers** |
|  | **6****Cinnamon Swirl Toast****Grapes****Milk****Veggie Straws & Milk** | **7****Cream of Wheat****Raisins****Milk****Peppers w/ Dip & Crackers** | **8****Scrambled eggs w/cheese****Peaches****Milk****Strawberry Banana Smoothie & Grahams** | **9****Blueberry Cheerios** **Blackberries****Milk****Yogurt & Crackers** |
| **12****Cold Cereal****Bananas** **Milk****Carrot sticks & Pretzels** | **13****Egg, Sausage, Cheese Biscuit****Peaches****Milk****Mixed Dried Fruit & Milk** | **14****Oatmeal****Blueberries****Milk****Mini Muffin & Pineapple** | **15****Yogurt Parfaits****w/ FruitMilk****Cereal & Milk** | **16****Waffles****Apricots****Milk****Side Salad & Crackers** |
| **19** **Cold Cereal****Bananas** **Milk****Cheese & Apple Slices** | **20****Biscuit & Gravy****Grapes****Milk****Fruit Salad & Graham Cracker** | **21****Yogurt****Mixed Berries****Milk****Cottage Cheese & Peaches** | **22****Pumpkin Pancakes****Raisins****Milk** **StrawBanana Smoothie Toast** | **23****English Muffins w/ Nut Butter****Pears****Milk****Cheerios & Juice**  |
| **26****Cold Cereal****Bananas** **Milk****Blueberry Crisp & Milk** | **27****Breakfast Ham****Peaches****Milk****Cucumbers w/dip & Turkey** | **28** **Cream of Wheat****Strawberries****Milk****Hard boiled eggs & Crackers** | **29****Mini Muffins** **Grapes****Milk** **Pepperoni & String Cheese** | **30** **Toast w/ Jelly****Blueberries****Milk****Apples w/ dip & Milk** |

**July Lunch Menu**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  |  |  | **1****WG Grilled Ham & Cheese****Zucchini****Pears****Milk** | **2** **Loaded Chef Salad****w/Chicken****Kiwi** **Crackers****Milk** |
|  | **6****Chicken Noodle Casserole****w/Peas & Carrots****Apple Slices****Milk** | **7****Pizza Casserole w/Beef****Broccoli****Pineapple****Milk** | **8****Beef Taco Salad****Mandarain Oranges****WG Tortilla Chips****Milk**  | **9****Summer Sausage****Cheese Slices****WG Crackers****Peas****Pears****Milk** |
| **12** **Ham, Cheese & Lettuce w/****WG Wrap****Peas****Strawberries****Milk** | **13****Beef Pigs n Blanket****Corn****Fruit Cocktail****Milk** | **14****Pasta Salad w/Veggies****Pears****Crackers****Milk** | **15****Meatballs****Yellow Squash****Rice Pilaf****Melon****Milk**  | **16****Potato Soup w/ Ham** **Carrots****Raspberries****Milk** |
| **19****Beef Sloppy Joes WG****Tater Tots****Broccoli****Blueberries****Milk**  | **20****Spaghetti Squash w/ Sauce****Mangos****WG Butter Bread****Milk** | **21****Beef Little Smokies****Corn****Mixed Fruit****Roll****Milk** | **22****Sub Sandwiches****Cucumbers** **Strawberries****Milk** | **23****Chicken Quesadilla WG****Guacamole & Chips****Mandrain Oranges****Milk** |
|  **26****Shredded BBQ Chicken Slider WG****Baked Beans****Peppers****Berries****Milk** | **27****Beef and Broccoli w/ Rice****Pineapple** **Milk** | **28****Turkey w/Gravy****Sweet Potatoes****Tropical Mix****Roll****Milk** | **29****Chili Mac****Corn****Bananas****Milk**  | **30** **Chicken & Cheese Roll-Ups WG****Snap Peas****Applesauce****Milk** |